

SNAPSHOT of the WIC Food Packages ¹

Maximum Monthly Allowances of Supplemental Foods For Infants In Food Packages I, II and III

	----Fully Formula fed----		----Partially Breastfed----		----Fully Breastfed----	
Foods	Food Packages I and III A: 0-3 months B: 4-5 months	Food Packages II and III 6-11 months	Food Packages I and III A: 0 to 1 month B: 1-3 months C: 4-5 months	Food Packages II and III 6-11 months	Food Package I 0-5 months	Food Package II 6-11 months
WIC Formula	A: 806 fl oz reconstituted liquid concentrate B: 884 fl oz reconstituted liquid concentrate	624 fl. oz. reconstituted liquid concentrate	A: 1 can powder B: 364 fl oz reconstituted liquid concentrate C: 442 fl. oz. reconstituted liquid concentrate	312 fl. oz. reconstituted liquid concentrate		
Infant cereal		24 oz		24 oz		24 oz
Baby food fruits and vegetables		128 oz		128 oz		256 oz
Baby food meat						77.5 oz

¹ Refer to the regulatory requirements at <http://www.fns.usda.gov/wic/benefitsandservices/foodpkg.htm> for the complete provisions and requirements for infant formula and infant foods in the WIC food packages.